



FIM ICE SPEEDWAY ACADEMY



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General



In September 2012 FIM put forward the idea of organizing ICE SPEEDWAY ACADEMY

MFR together with sporting club “Mega-Lada” support the idea of creating such a training school, offering its help in this project, being partners and organizers of the first in the history FIM ICE SPEEDWAY ACADEMY



Brief Description of Project

10 countries

30 riders

School is located in
different places

First time it will be held
in Russia, Togliatti

FIM TV

ICE ROOKIE





Goals

Expanding geography of participants and spectators of ICE SPEEDWAY in the world

Improving skills of young riders



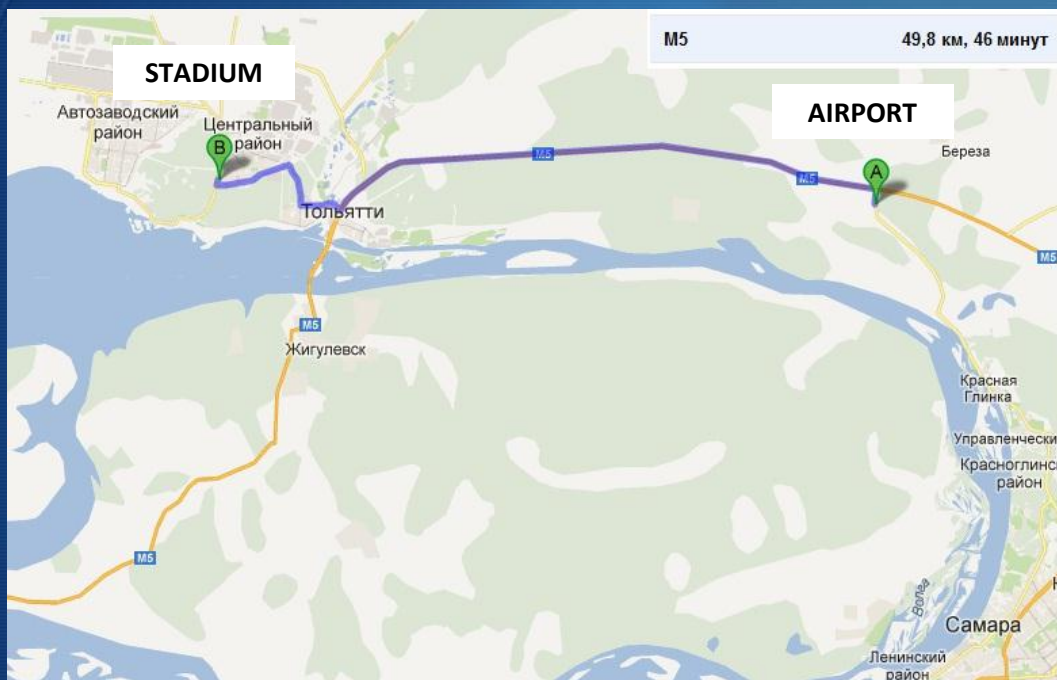


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Location



International airport “Kurumoch”

Travel time from the airport to the stadium - 40 minutes

Regular flights from/to:

- Frankfurt-on-Mein
- Prague
- Moscow
- St. Petersburg



Venue



Anatoly Stepanov's Stadium

1 stage will be held on one of the best speedway stadiums in Europe

In 2010 FIM assigned type "A" category to the stadium

Restaurant, hotel, parking, ice skating ring, gym, sauna, infrared cabin, trampolining hall – located at the stadium

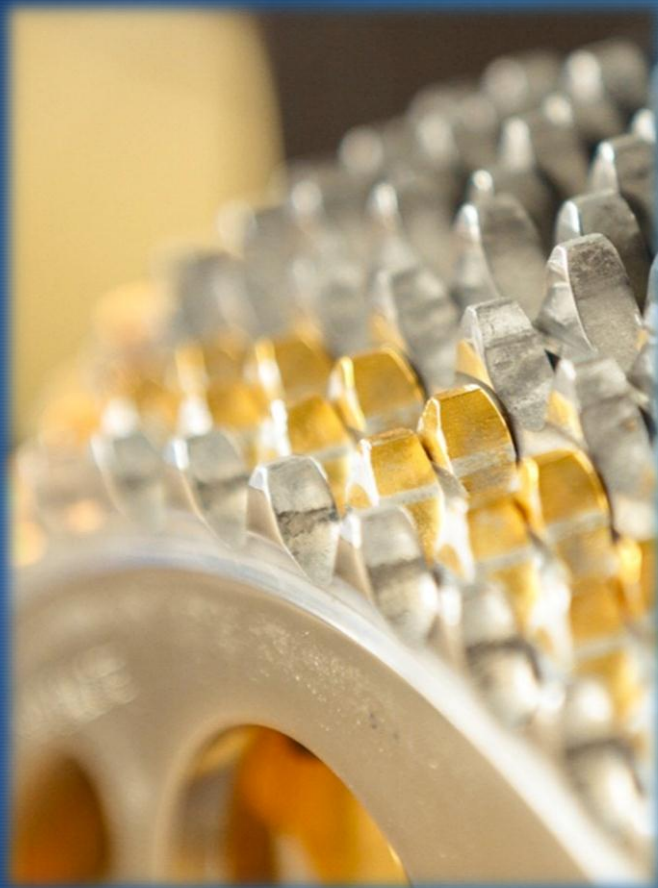


The stadium capacity 15,000 spectators

Track length - 353 m



Training camp: Theory



As a part of ICE SPEEDWAY TRAINING CAMP theoretical lessons are planed

Two classrooms are equipped with projectors, monitors, interactive whiteboards

The workshop is equipped with lathes and milling machines, engine stand, machine for jointing



Training camp: Physical training

Gym: 19 machines

Trampoline: coach – Team
World Champion

Swimming pool: 25 m long

Sauna: 1 cabin, 35 m³





Training camp: Practice



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Training camp: Practice

Paddock capacity: 30 riders

24-Hour ice availability (50-70 cm)

Ivan and Daniil Ivanovs,
Dmitry Khomitsevich –
Team World Ice Speedway
Champions, SC “Mega-
Lada” riders

Best coaches and riders in
the world

Valery Ivanov – National
Russian Ice Speedway team
coach, SC “Mega-Lada” coach





Training camp

09-10 of February, Saturday-Sunday

7:00 – 18:00 – arrival, accommodation;

19:00 – FIM Ice Speedway Gladiators World Championship (09.02.2013);

15:00 - FIM Ice Speedway Gladiators World Championship (10.02.2013).

11 of February, Monday

10:00 – meeting at the stadium

10:30 – meeting with the riders/managers

12:30 – lunch

13:30 – theoretical classes

16:00 – training session on the track

18:00 – dinner



Training camp

12 of February, Tuesday

8:30 – meeting at the stadium;
9:00 – jogging
10:30 – training session on the track
12:30 – lunch
13:30 – theoretical classes
16:00 – workshop classes
19:00 – dinner

13 of February, Wednesday

10:00 – meeting at the stadium
10:30 – training session on the track
12:30 – lunch
13:30 – theoretical classes
16:00 – workshop classes
18:00 – dinner



Training camp

14 of February, Thursday

10:00 – meeting at the stadium
10:30 – training session on the track
12:30 – lunch
13:30 – theoretical classes
16:00 – workshop classes
18:00 – dinner

15 of February, Friday

8:30 – meeting at the stadium;
09:30 – training session on the track
12:30 – lunch
13:30 – training session on the track
16:00 – workshop classes
17:00 – gym, sauna
19:00 – dinner



Training camp

16 of February, Saturday

ICE ROOKIE CONTEST

14:00 – meeting at the stadium, rider's briefing

16:30 – photo session;

17:00 – training session;

19:00 – contest;

21:30 – press-conference;

22:30 – friendship dinner.



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